

## ORGANIZING COMMITTEE

### Patron:

**Dr. Amthul Azeez, M.Sc., M.Phil., Ph.D.**  
Principal & Correspondent,  
J.B.A.S College for Women(Autonomous),  
Chennai.

### Convenor:

**Dr. S. Rizwana Begum, M.Sc., M.Phil., Ph.D.**  
Head, Department of Biochemistry.

### Organizing Secretary:

**Mrs. A. Tasleem Tabassum, M.Sc., M.Phil., B.Ed.**  
Assistant Professor, Dept. of Biochemistry.

### Organizing Committee:

Dr. A. Anjum, M.Sc., M.Phil., Ph.D.  
Dr. G. Aruna, M.Sc., M.Phil., PGDCA., PGDBI, Ph.D.  
Dr. R. Ramya, M.Sc., M.Phil., Ph.D.  
Dr. S. Carmel Punitha, M.Sc., M.Phil., B.Ed., Ph.D.  
Dr. T A K Mumtaz Begum, M.Sc., M.Phil., Ph.D.

### Contact Information:



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## RESOURCE PERSONS



**Prof. Prakash Babu Phanithi**  
Secretary General (SNCI),  
Senior Professor,  
Dept. of Biotechnology & Bioinformatics,  
School Of Life Sciences,  
University of Hyderabad.

**Prof. Suhel Parvez**  
Secretary (SNCI),  
Professor & Head,  
Dept. of Medical Elementology & Toxicology,  
School of Chemical and Life Sciences,  
Jamia Hamdard.



**Dr. Varalakshmi Manchana**  
Treasurer (SNCI),  
Assistant Professor,  
School of Medical Sciences,  
University of Hyderabad.

**Prof. A.J. Vanisree**  
Executive Committee Member (SNCI),  
Chennai Chapter,  
Professor & Head  
Department of Biochemistry,  
University of Madras.



## JUSTICE BASHEER AHMED SAYEED COLLEGE FOR WOMEN (AUTONOMOUS), CHENNAI

Accredited by NAAC in 2022 at A<sup>++</sup> Grade (4<sup>th</sup> cycle )  
COLLEGE WITH POTENTIAL FOR EXCELLENCE  
An ISO 9001:2015 Certified Institution  
# 56, K.B. Dasan Road, Teynampet,  
Chennai - 600018



## SENSITIZATION ON NEUROHEALTH

Organized by  
**Department of Biochemistry**  
STAR STATUS Awarded by DBT  
New Delhi

under the auspices of  
**Fathima Akhtar Health Club**



&

**Society for Neurochemistry,  
India (SNCI), Chennai Chapter**



Date: 28<sup>th</sup> August 2024

Venue: Golden Jubilee Seminar Hall

## About the Institution

The Justice Basheer Ahmed Sayeed College for Women (formerly S.I.E.T Women's College), managed by Southern India Education Trust, founded by late Justice Mr. Basheer Ahmed Sayeed, assisted by his wife Mrs. Fathima Akhtar and other colleagues, endeavours to maintain a programme that will develop women of great integrity, high character and culture who are fully capable of transmitting and transmuting the achievement to the betterment of the society. The college maintains high standard of excellence in the academy sphere and strives relentlessly to promote the dissemination of knowledge and values to students of all strata so that they can lead responsible and purposeful lives.

## About the Department

The Department of Biochemistry, right from its inception, has always strived to be on par with the recent trends in this rapidly evolving field by offering enriched learning experiences to young women aspirants. The department has received financial assistance under DST- FIST and DBT for strengthening its activities. In the year 2020 the department was awarded STAR STATUS by the Department of Biotechnology (DBT), New Delhi, Government of India.

## Fathima Akhtar Health Club

It was instituted in 2009 to emphasize the importance of health and create awareness regarding preventive measures among adolescents who are the future citizens of the nation. Health awareness lectures by eminent doctors, screening for biochemical parameters and competitions related to health issues are conducted every year through this health club.

### Objective

Neurohealth is the maintenance of a balanced and healthy brain functioning. A healthy brain is characterized by efficient cognitive processing, emotional stability and resilience. Poor neurohealth can contribute a lot towards mental health disorders. Ongoing research in neuroscience aims to reverse brain aging, ease the devastating consequences of neurological diseases etc. The objective of this programme is to create awareness to the future generation about the importance of neurohealth and recent advances in neuroscience.

## About the Society for Neurochemistry, India (SNCI)

The Society for Neurochemistry, India (SNCI) was founded in 1979, with the University of Hyderabad as its Headquarters, with a clear mandate to train young minds for the techniques in neurochemistry/ neuroscience. The SNCI organizes its annual meetings in different parts of the country. During annual meetings, young students are motivated with certificates and given cash awards for the best poster and oral presenter. The society is keen on organizing workshops and annual conferences to provide hands-on training to young neuroscience researchers. Young students are motivated to pursue careers in neuroscience and neurochemistry.

### SNCI, Chennai Chapter

SNCI, Chennai Chapter was inaugurated in the year 2015 with an enthusiastic agenda of promoting and encouraging research in Neuroscience in alignment with the motto of SNCI. From the time of inception, the Chennai Chapter has been regular in organizing academic meetings, such as conferences, workshops etc., to inculcate and enrich knowledge in the domain of neurobiology among the interested stakeholders in the regional Institutions. This year, it is proposed to conduct an awareness programme on neuro health for school students considering an utmost demand of post-pandemic era triggered global changes, including the education sector.